

ForteVillage

SARDINIA

ACQUAFORTE

THALASSO & SPA

SPA MENU

ForteVillage
SARDINIA

ACQUAFORTE
THALASSO & SPA

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Our Philosophy

Starting from the precious principles enshrined in traditional Thalassotherapy, about twenty-five years ago the medical team at Forte Village, in collaboration with the Italian school of Thalassotherapy, developed an innovative approach at international level using different gradations of temperature and varying concentrations of magnesium and sodium salt in the water of each of 6 pools, which together constitute a unique thalassotherapy circuit. Sardinia boasts a millenary history of hydrotherapy.

The Nuraghic civilisation, which traces its origins to 1800 BC, practiced the cult of water in relation to lunar and astronomical cycles.

This binding with water is also found in the various thermal settlements on the island, among which, just a few kilometres away from the Forte Village, the Nuraghic people founded the “Terme a mare”, near Nora. Unique among its kind, the new Performance Center is a professionally staffed and equipped athletic center with a Fitness and Stretching Room, dedicated to professional sportsmen and amateurs who want to discover new training systems, where they can set increasingly challenging personal goals and see appreciable results during their stay. The sporting spirit, led the resort to create a unique Medical Center called the Forte Lab.

Designed by the medical team of AcquaForte, it is a Diagnostic Center which specializes in the care of muscular and Osteoarticular pathologies, diseases of the spine and sports medicine. There is also an Aesthetic Medical Center equipped with advanced modern instruments and innovative methods. AcquaForte SPA, located in a private corner of the resort immersed in 4 hectares of greenery, is the place to find peace, serenity, energy and the right mental and physical balance. Release your mind during yoga classes, be pampered, treat yourself to an Ayurvedic massage by experienced hands or one of a wide range of exclusive skin and beauty treatments. Refresh and revive at the end of the day by sipping herbal tea and spices with secret recipes on the patio of AcquaForte SPA.

The Thalassotherapy process

1° SEA OIL

Temperature: 37°-38°

Drains, relaxes the muscles and energises the body.

A high concentration of magnesium salts allows the body to float extraordinarily, releasing tension on the weight-bearing joints and profoundly relaxing the muscles. The high temperature of the water stimulates a tonifying action which dilates the blood vessels, improves metabolic exchanges and promotes draining and detoxifying action.

2° SEA OIL WITH ALOE VERA AND MINT

Temperature: 37°- 38°

Stimulates the production of endorphins.

Thalassotherapy meets phytotherapy, and sea oil is combined with aloe, appreciated for centuries for its regenerative and anti-inflammatory effect on skin tissues, and refreshing mint.

The profound relaxing effect of this combination allow the first and second pool to stimulate production of endorphins, the happiness hormones.



3° HIGH SALINE DENSITY POOL

Temperature: 36°-37°

Immersion in this sodium-rich pool continues and intensifies the beneficial exchanges between sea water and the body, stimulating elimination of toxins, introduction of minerals and the action of releasing pressure on the joints and relaxing the muscles.

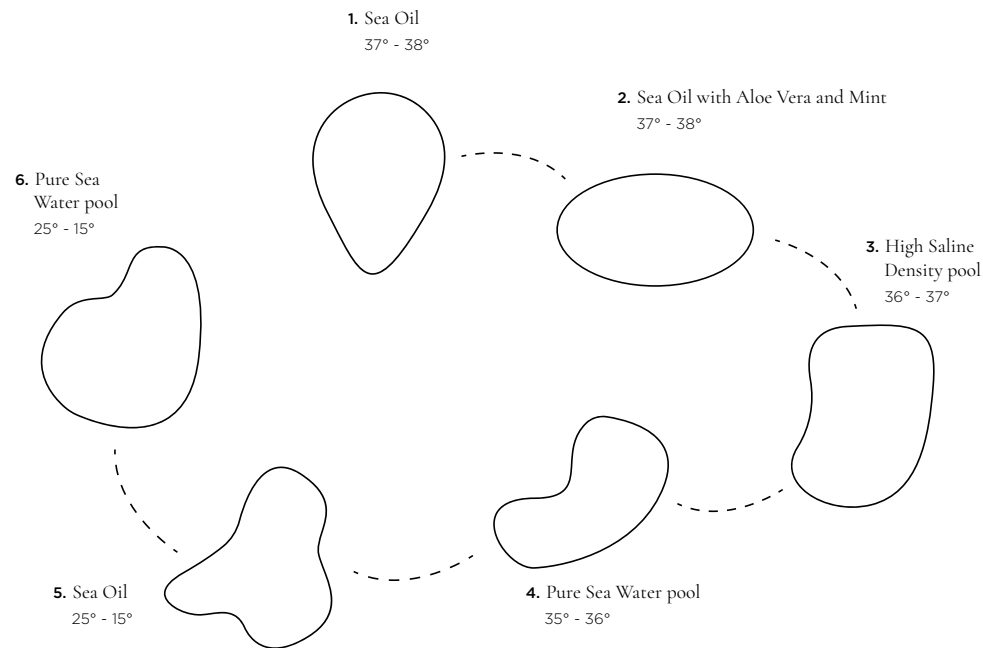
The high temperature of the water promotes psycho-physical relaxation. Its private location and the fact that the water is so easy to float in make it ideal for performing original massages.

4° PURE SEA WATER POOL

Temperature: 35-36°

Toning and sensory action.

This pool has hydromassages directed at various parts of the body, from the sole of the foot to the abdominal and dorsal muscles. The motion and pressure of the water promote cell turnover, encouraging elimination of toxins and excess fluids, which are brought to the surface by the action of the salts in the previous pools.



5° SEA OIL

Temperature: sea water variable between 25°-15°

Drains, relaxes the muscles and energises the body.

The very high concentration of magnesium salt allows extraordinary buoyancy and has a draining anti-inflammatory effect, while relaxing the muscles.

The water temperature combined with the high salt density widens increases the metabolic exchanges, favoring the draining and detoxifying action by osmosis.

6° PURE SEA WATER POOL

Temperature: sea water variable between 25°-15°

This pool of spectacular size energetically completes the detoxification and vascular exercise programme. Its channel against the current and a variety of hydromassages installed on the walls of the pool tone up the muscles, drain impurities and add to the feeling of lightness and relaxation.

Acquaforte Thalasso & Spa

Programmes

Today's pace of life leaves its mark on our psyche and our body. Our balance disappears, we put on weight, we become stiffer, we are more anxious and sad, and we feel hard done by as we age. Thanks to a thalassotherapy method like no other in the world, and a series of exclusive personalised treatments devised by our medical team, Acquaforte Thalasso&Spa - open all year round - helps solve many of these problems and helps us rediscover the best of ourselves, whatever our age.

Each treatment starts with a medical consultation and a full check up to evaluate the guest's health status and suggest the most effective treatment pathways. The treatments require a minimum stay of 3 nights and a maximum of 6 nights.



PROGRAMMES

Thalasso Detox (Lunch included)

- Chronic fatigue
- Sleep issues
- Digestion problems
- Anxiety and depression
- Muscle and joint pain
- Headaches
- Water retention

Anti-Aging (Lunch included)

- Tissue regeneration
- Prevention of physical and connective disorders
- Prevention of premature aging
- Resolving menopause issues
- Decreased libido
- Dry mucous membranes
- Mood swings
- Insomnia
- Skin complaints

Performance Center Programs

- Monitoring of health conditions
- Evaluation and improvement of physical performance
- Optimization of one's psychophysical well-being
- Techniques to increase Metabolism
- Athletic preparation
- Mental coaching

Stay Healthy (Lunch included)

- Muscle disorders (joint pain, back pain, neck pain)
- Monitoring the cardiovascular system
- Strengthening the immune system
- Reducing risk of diabetes
- Improving aesthetic appearance
- Increasing self-esteem
- Achieving sporting goals

Weight Loss (Lunch included)

- Weight Loss
- Starting slimming
- Obesity
- People who are overweight with circulatory and cardiac problems
- People who are overweight with bone pain
- Diabetes and carbohydrate intolerance
- Hypertension



Signature collection

THALASSOTHERAPY PROGRAMMES

Personalised thalassotherapy programme

The program includes a medical examination and a personalized thalassotherapy treatment based on each individual's needs.

€ 220

Specialist medical examination

€120

Personalised thalassotherapy treatment for half day

PACKAGES

Thalassotherapy

3 ENTRANCES TO THE COURSE € 255

5 ENTRANCES TO THE COURSE € 430

7 ENTRANCES TO THE COURSE € 600

3 ENTRANCES TO THE THALASSOTHERAPY COURSE + SEA MUD € 355

5 ENTRANCES TO THE THALASSOTHERAPY COURSE + SEA MUD € 580

7 ENTRANCES TO THE THALASSOTHERAPY COURSE + SEA MUD € 790

Thalassotherapy Circuit

90 MIN - € 95

Includes access to our 6 thalassotherapy pools, Jacuzzi, Turkish bath, Finnish sauna, Chromotherapy showers and pools for rebalancing.

Thalassotherapy circuit and Sea Mud

105 MIN - €135

Includes access to our 6 thalassotherapy pools, Jacuzzi, Turkish bath, Finnish sauna, Chromotherapy showers and a Sea Mud.





SIGNATURE TREATMENTS

Salt and Honey

50 MIN - € 175 / 80 MIN - € 260

An exfoliating, moisturising treatment, then a second massage with warm honey.

Cryotherapy with sea oil and aloe

50 MIN - € 210 / 80 MIN - € 290

A treatment for the legs using cold sea oil wraps that have a draining effect and revitalise micro-circulation.

Acquaforce 4 hands massage

50 MIN € 340 / 80 MIN € 520

Massage performed by two therapists, to re-energise the body and mind.

Mud shaping treatment

50 MIN - € 185 / 80 MIN - € 270

A body treatment that has a slight hyperaemia effect, using seaweed, ideal for draining excess fluid, stimulating micro-circulation and toning the skin.

Thalasso water massage

50 MIN € 175 / 80 MIN € 260

Therapeutic, anti-stress treatment in high salinity water, for total relaxation.

'Persian Rose' Ritual

75 MIN - € 380

A unique ritual, to stimulate the senses and bring harmony to the mind. The experience of the Acquaforce-Thalasso & Spa therapists meets the exclusivity of the precious Persian rose oil.

Heavenly legs - Kneipp course

50 MIN - € 175

A treatment for the well-being of the legs with a toning "walk" in high salinity water at decreasing temperatures, and a final massage that provides a lasting feeling of lightness.

Massotherapy & Physiotherapy

MASSOTHERAPY

50 MIN - € 165 / 80 MIN - € 260

Eclectic massage

A highly personalised massage that combines various techniques to best meet the guest's needs.

Expectant mother massage

A totally gentle massage that instills relaxation and a sense of lightness for expectant mothers.

Anti-cellulite massage

An intense massage to stimulate circulation and drain excess fluid that causes cellulite.

Draining massage

Massage using techniques and drainage manipulations over the whole body, focusing on the lower limbs to favor the return of stagnant liquids to improve edema and reduce swelling.

Head Massage

25 MIN - € 110

From the expert therapists of the Acquaforce SPA comes the head massage which is the equivalent effect of a whole body massage, as it relaxes the nervous system and eliminates the fatigue caused by stress and mental tension.





PHYSIOTHERAPY

50 MIN - € 165 / 80 MIN - € 260

Physiotherapy treatment

A preventive and diagnostic treatment to treat diseases or dysfunctions in the neuromusculoskeletal system.

Sports therapy massage

A massage that is ideal for people training for sports, and for muscular and osteoarticular problems.

Deep tissue massage

A deep massage that uses firm, steady pressure to help relieve muscle contractions.

Body lymph draining

80 MIN - € 290

A gentle massage that helps stimulate the lymphatic system to help detox and purify your organism.

Postural osteopathy

50 MIN - € 175

A treatment using manual therapy skills, ideal for any osteoarticular and muscular problem.

Tecar therapy

30 MIN € 130/ 50 MIN € 210

A treatment using state-of-the-art technology that is remarkably effective at stimulating the body's inner energy and triggering the natural repair, anti-inflammatory and pain-relieving processes.

Shockwave

50 MIN - € 250

A treatment that uses high energy sound waves to stimulate the body's natural repair processes.

Chiropractic Treatment

30 MIN 1ST SESSION € 220,
SUBSEQUENT SESSIONS € 130

Holistic scientific discipline and curative art concerning the pathogenesis, diagnosis, treatment and prophylaxis of functional disorders; It also deals with pain and effects syndromes, neurophysiological disorders related to static and dynamic disorders of the neuro-muscular-skeletal system.

Holistic & Ayurvedic Treatments

HOLISTIC TREATMENTS

50 MIN - € 165 / 80 MIN - € 260

Aromatherapy relaxing massage

A gentle massage, based on essential oils and delicate fragrances to relieve fatigue, insomnia and stress.

Hot stone massage

A remarkably effective massage that uses hot stones placed on energy points, that are then gently rubbed over the body in a succession of deep slow strokes.

Foot reflexology

A stimulating massage on the pressure points on the soles of the feet.

Thai body work

A traditional Thai massage that combines pressure applied with the hands and a passive stretching technique.

Shiatsu

A Japanese massage that rebalances energy flows by applying pressure with the hands on the energy meridians.





AYURVEDIC PARK & YOGA

Abhyanga

50 MIN - € 175 / 80 MIN - € 260

An Ayurvedic massage based on a mix of hot vegetable and essential oils, enriched with spices and medicinal herbs: perfect for restoring physical and spiritual well-being.

Forteveda signature massage

50 MIN - € 175 / 80 MIN - € 260

A sensational treatment based on Ayurvedic oils, using various massage techniques.

4 hands Shirodhara

50 MIN - € 340 / 80 MIN - € 520

A very effective treatment that involves pouring warm oil on the forehead to relax the whole body.

Yoga personal trainer

50 MIN - € 165 / 80 MIN € 260

An individual yoga lesson to help achieve genuine physical, mental and spiritual relaxation.

Group Yoga for 2 to 3 people

50 MIN - € 110 PER PERSONA

Lessons held in groups of up to 3 people under the guidance of a Yoga therapist to reach through this very ancient discipline a genuine physical, mental and spiritual well-being.

Forte Lab

SPECIALIST MEDICAL PROGRAMME

High Power Laser

€ 2500

The program includes six micro-laser applications divided into 3 sessions and matched to the thalassotherapy treatment.

Clinical Tests

Cardiopulmonary test / metabolimetry

STARTING FROM € 330

Specialist medical check-up: tests performed include basic ECG and stress test, spirometry, metabolimeter; includes initial inspection, monitoring and post-program.

BIA Test + impedanceometry

€ 280

BiA test and an impedance analysis.

Stress Test

€ 300

An examination that consists of carrying out an ECG during physical exercise and an echocardiogram.

Cryosauna

€ 300

Cold brings a wide set of benefits to the immune system, nervous system and to blood circulation, helping to fight muscle pain, arthrosis, arthritis, fibromyalgia, depression and also aging!

Ecography

€ 220

Baseline ECG

€ 220

Specialist medical examination: baseline ECG, pressure evaluation.

Cardiovascular Check-Up

€ 250

Specialist medical visit: tests performed include baseline ECG, echocardiography and blood pressure evaluation.

FOOD, THE FIRST CURE FOR STAYING FIT

The Forte Lab researches the best diet for each guest. The programs are based on the principle of functional nutrition, an approach that aims at addressing the imbalances in the body by restoring function through food, in order to achieve maximum vital energy.

The diet and physical activity program are based on the results of the client's health check through a series of analysis' at the Forte Lab diagnostic laboratory. This in-

cludes the collection of anthropometric data and the investigation of personal habits that lead to the development of nutritional advice based on a new approach aimed at achieving global balance.

Moreover, thanks to the experience of the Forte Village chefs, guests can learn to cook simple, fast and tasty menus to live every moment spent at the table with pleasure and balance.

Performance centre & Acquaforte Gym

PERFORMANCE CENTER PROGRAMME

A training method designed to improve one's fitness performance powered by Acquaforte. It consists of starting to balance any actual muscle aches and simultaneously includes training elements based on previous tests.

The allotted time of 75 min. is an average guide and will be evaluated day by day in reference to the degree of fatigue. During training the guest will be accompanied by a coach and a medical advisor who will follow the workout and solve any difficulties in the execution of the various movements.

Sports medical consultation

€ 220

Personal trainer

80 MIN - € 250 PER SESSION

Personal training sessions aimed at psycho-physical recovery and achievement of optimal athletic performance for athletes, professionals and non-athletes.





ACQUAFORTE GYM

Gym personal trainer

50 MIN - € 165

A specific training programme with the help of a personal trainer.

Aerial dance private trainer

50 MIN - € 165

Aerobic and aerial dance lessons, performed in total safety using special supports.

Antigravity private trainer

50 MIN - € 165

A series of exercises performed while suspended, using a hammock structure, ideal for stimulating physical and mental wellbeing.

Pilates private trainer

50 MIN - € 165

Personalised lessons to improve motor capacity, rebalance musculature, and mobilise stiff joints and relieve tension caused by bad posture.

Pilates Group sessions max 3 people

50 MIN - € 110 PER PERSON

Gyrotonic Expansion System®

50 MIN - € 165

This is a training method that by using conscious movements, produced by breathing lengthens, strengthens muscles and tendons and improves coordination, strength capacity and aerobic activity. It is suitable for everyone, whatever their age or state of health. Recommended for: neck pain, osteoporosis, low back/leg pain, tendon and ligament laxity, osteoarthritis, scoliosis, and physical malformations and pre/post-natal activities. Benefits: improved motor coordination, increased flexibility, more elastic spine, improved muscle and abdominal tone, improved posture.

Gyrokinesis® Method

50 MIN - € 165

GYROKINESIS is a gentle rhythmic exercise that combines many elements of yoga, dance, tai-chi and martial arts. GYROKINESIS makes the body work following the natural directions of the movements of the spine and the joints, via undulating and rhythmic sequences of movements.

Bungee Dance and Fly

50 MIN - € 200

New choreographic motor discipline that allows to move on different planes and axes with the aid of a sling and a hanging elastic cord. It sculpts the muscles, avoiding osteoarticular impacts. It is a very powerful aerobic-cardio workout, and it is suitable for both children and adults played to the rhythm of dance music.

ACQUAFORTE

THALASSO & SPA



DR. BARBARA

STURM

SPA MENU



Instant Glow Facial

50 MIN - € 175

“This is the signature #SturmGlow facial - it incorporates techniques created in our German clinic for cleansing, exfoliating, potent hydration and firming massage, with advanced science molecular efficacy.”

— DR. BARBARA STURM

This revitalizing facial will cleanse, nourish and awaken the skin, and help restore the complexion's natural glow. Light-reflecting pigments in GLOW DROPS leave the skin with a visible, youthful radiance and even out any irregularities on the complexion.

THE SCIENCE

Purslane provides rejuvenating, anti-oxidative and nutritive properties, Polygonum Bistorta Root Extract optimizes skin tone and the texture of the skin's surface, while Wild Rose Extract refines the pores.

THE RESULTS

The treatment nourishes the skin, and helps to restore a natural and healthy-looking glow.



SUPER
ANTI-AGING
SERUM

MADE IN GERMANY



Super Anti-Aging Facial

80 MIN - € 300 (without mesopen) 80 MIN - € 365 (with mesopen)

“By combining my custom-blended HYALURONIC SERUM with our micro-needling tool, this facial treatment has the ability to reach much deeper than a regular facial, visibly reducing the appearance of fine lines and wrinkles. It makes skin look fresher, younger and more radiant almost instantly.”

— DR. BARBARA STURM

The Super Anti-Aging Facial combines micro-needling with Dr. Barbara Sturm's HYALURONIC SERUM to penetrate the serum into deeper skin layers. This helps to replenish moisture reservoirs, promote the skin's natural barrier function and stimulate collagen and elastin for a more youthful complexion.

THE SCIENCE

Long and short-chain hyaluronic molecules are infused into the skin and assist in its repair and hydration. Strong antioxidants and restorative ingredients soothe damaged skin. Micro-needling works on the surface layer to generate new collagen and skin tissue for a smoother, firmer and more toned appearance while significantly boosting the efficacy of anti-aging molecules.

THE RESULTS

This facial visibly lifts the skin around the jaw and neck, while reducing fine lines and reviving skin tone and texture.



DARKER
SKIN TONES

HYALURONIC
SERUM

DR. BARBARA
STURM



MOLECULAR
COSMETICS

Darker Skin Tones Facial

50 MIN - € 225

“Recognizing the unique sensitivity of darker skin, I formulated a luxury skincare range tailored to the essential dermatological needs and characteristics of darker skin tones. The Darker Skin Tones Facial nourishes the skin, reduces irritation and hyperpigmentation, and evens out skin tone.”

— DR. BARBARA STURM

Specially formulated for darker skin tones, the potent active ingredients used in this facial treatment will hydrate and calm the skin and reduce hyperpigmentation, while minimizing pores and helping to prevent breakouts.

THE SCIENCE

Extracts of Magnolia and Enantia Chlorantha (African Whitewood) Bark refine the pores, reduce sebum flow and supply intensive moisture.

THE RESULTS

The treatment refines the pores, minimizes sebum flow and nourishes and soothes the skin, targeting the particular sensitivities of darker skin tones.





Brightening Facial

50 MIN - € 225

“This non-aggressive treatment is designed to brighten your skin, combat lackluster and uneven complexions, and provide a cocktail of nurturing and nutritive ingredients.”
— DR. BARBARA STURM

The Brightening Facial decreases hyperpigmentation and gently brightens the skin using natural brightening ingredients while combatting the oxidative stresses that cause premature aging and dark spots. The skin tone is boosted and more luminous from the shimmer particles included in the BRIGHTENING SERUM, and FACE CREAM or LOTION, whilst also providing essential moisture and rejuvenating anti-aging powers.

THE SCIENCE

Cress Sprouts Extract helps to visibly and instantly brighten the skin and diminish the appearance of dark and yellowish spots. Ginseng Extract supports the skin's own protection against free radicals and environmental stress and Hyaluronic Acid provides instant hydration.

THE RESULTS

Your skin is left smoother, brighter and more vibrant-looking skin, targeting the particular sensitivities of darker skin tones.





Claryfing Facial

80 MIN - € 290

“In response to years of my patients’ questions regarding skin prone to blemishes and breakouts, I formulated the Clarifying Facial. This treatment has it all; complexion-perfecting ingredients, necessary hydration, skin barrier function protection, and anti-aging compounds that fundamentally improve the appearance of the skin matrix.”

— DR. BARBARA STURM

Dr. Sturm’s Clarifying Facial was formulated for blemishprone skin. It directly improves the skin’s barrier and helps to restore its natural balance. The active ingredient complex reduces discomfort and alleviates skin sensitivity and redness for an instant calming effect, while addressing the signs of aging and reducing the appearance of fine lines and wrinkles.

THE SCIENCE

Zinc removes excess sebum and counteracts the formation of impurities whilst Albatrellus Ovinus Extract reduces redness, resulting in a more even skin tone.

THE RESULTS

Harmful bacteria and redness is reduced as well as the production of the sebaceous glands.





Men's Facial

50 MIN - € 225

“A man's skin is dermatologically different from a woman's. The anti-aging Men's Facial revitalize male skin while taking into account those differences. The treatment will exfoliate, calm and nourish the complexion, refine pores and provide essential hydration”
— DR. BARBARA STURM

Customized to the specific needs and challenges of men's skin, this treatment cleanses, tones, soothes and comforts irritated skin, especially after shaving. The Men's Facial removes rough or dry skin and promotes skin regeneration, while also fighting the signs of aging, under eye discoloration and puffiness.

THE SCIENCE

Long and short-chain hyaluronic molecules are infused with strong antioxidant ingredients that repair damaged cells and support regeneration.

THE RESULTS

The skin emerges deeply cleansed, softer and brighter. It restores, calms the complexion for an amazing revitalization, and reduces the appearance of deeper facial lines and wrinkles to which men are more prone.



Acquaforte Beauty

ESTETICA AD ALTA TECNOLOGIA

LPG - lipomassage

50 MIN - € 290

Anti-cellulite, firming action. The treatment acts on the cutaneous and subcutaneous circulation, through two mechanisms: two rollers slide gently throughout the body by stimulating blood flow, increasing oxygenation of tissues and metabolic exchanges. The stimulation of the microcirculation and improved oxygenation effectively reactivate the fibroblasts contained in the subcutaneous tissue, resulting in an improvement in tone and cellulite.

Oxygen therapy

50 MIN - € 400/80 MIN € 600

Facial treatment that involves the use of a hyperbaric oxygen treatment with a serum. Choose the action you prefer between anti-aging, skin smoothing and a revitalizing detox to stabilize the dull, protective skin helping the synthesis of collagen and minimizing the pores and improving the overall complexion.

Manicure 50min - € 85

Manicure with semi-permanent polish
80min - € 165

Pedicure 50min - € 100

Pedicure with semi-permanent polish
80min - € 180

Make-up starting from € 250

Epilation with sugar paste on request

Eyelash extension 90min - € 300





DR. REGINA FORTUNATO

Dr. Regina Fortunato, a specialist in reconstructive plastic surgery and aesthetics, with over 30 years of experience. She has always combined her professional commitment with feminine sensitivity and precision.

Dr. Fortunato offers the latest technology and cosmetic treatments to energize the skin and forget the signs of aging. From radiofrequency, peeling and fillers, to body remodeling thanks to SculpSure and carboxytherapy. The exceptional Dr. Regina Fortunato will oversee these special hi-tech beauty treatment.

SERVIZI MEDICINA ESTETICA:

Medical-Aesthetic consulting

Dermal check-up

Hyaluronic acid mask

Oxygen propulsion

Peeling

LED therapy

K. Laser

Bio-stimulation

Bio-stimulation threads vitamins

Biostimulation with Radiesse (Non-volumetric Infiltration)

Filler

Botox

SculpSure

Ultherapy

Velashape

Carboxytherapy

Palomar for Epilation

VODDER Manual Lymph drainage

Private Spa

A SPA within the SPA, a devoted cocoon in search of total well-being, reserved for those who want the utmost privacy in the heart of the spectacular Acquaforte Thalasso & Spa, the quintessence of the concept of exclusivity.

This is one of the secrets of the Forte Village Resort: the ability to continue to amaze its guests with innovations that interpret all the intrinsic elements in the idea of beauty and uniqueness. Even when it comes to wellness. With its new “Private SPA Experience”, Acquaforte Thalasso & Spa, presents an oasis in the oasis: 300 square metres designed to ensure the utmost privacy and a ‘tailor-made’ wellness programme.

Exclusive services and dedicated staff, to experience moments of pure relaxation ‘as a couple’, with your family or with a group of friends (up to 10 people). The “Private SPA Experience” translates into: 4 pools with the prodigious virtues of seawater sublimated by thalassotherapy, a treatment cabin, a hammam, solarium, emotional shower, Kneipp path and private entrance and reception areas. Guests of the private SPA can also request the advice of the team of specialists at Acquaforte Thalasso & Spa.



Winter SPA

A warm, happy oasis for another holiday season

Forte Village's summer lasts all year long. Sun, blue sky and lush green nature. Why not dip into the wonderful thalassotherapy course and try out our Acquaforte Thalasso&SPA treatments afterwards, even in the colder months of the year, when elsewhere the days are shorter and there's less light? The spectacular glass roof over the pools and gardens, enabling you to contemplate the nourishing beauty of nature, has turned our SPA into a warm, happy oasis in winter too. It's a place to recharge your batteries and appreciate all the things a holiday has to offer.



Acquaforte Spa etiquette

Opening hours

Acquaforte Spa is open from 09:00 am to 8:00 pm, 7 days per week during the peak season.

Reservations

We highly recommend that you reserve in advance to ensure the availability of the treatment you prefer.

Call from the bedroom direct to Acquaforte Spa: **8033**
Number for reservations from outside: **+ 39 070 9218033**

Arrival

We recommend arriving at least 15 minutes before the treatment time booked. This will allow us to introduce you to our services and to evaluate together the ultimate goal of the treatment program you have chosen. We ask the courtesy to let us know by phone if you are going to be late for your appointment so that we can try to assure the full treatment, where this is not possible the duration of the treatment will be reduced.

Spa Amenities

SPA amenities available to guests are changing cabinets with towels, bathrobes, slippers and high quality essential toiletries.

Valuables

We regret we cannot assume any responsibility for any damage or loss of personal belongings. We recommend that you leave your valuables in the bedroom safe.

Cancellation Policy

We require a 2-hour notice for the cancellation of any appointments. Annulments between 60 minutes and below 12 hours will be charged at 50%, Cancellation 60 minutes before the start of the treatment and no-shows will be charged at 100%.

Restrictions of Use

The Acquaforte SPA is a retreat, a place to regenerate the body, mind and soul which is reserved for guests over 16 years. Here we listen to the sounds of nature so we invite our guests to use a low tone of voice, to turn off personal phones and to respect the privacy of others. Smoking is prohibited anywhere inside Acquaforte.

Health Conditions

We request all guests to please inform us, when filling out the entry questionnaire, about any health conditions that require special attention.

Acquaforte Shops

Acquaforte SPA is proud to offer its guests high quality effective facial and body treatments using professional products by Sisley Paris. In order to maintain the results obtained with us, and to continue to treat your skin in the privacy of your own home, we offer a wide range of products from our Acquaforte and Sisley Paris shops. Our highly qualified professional Beauty Staff will assist you to choose the best products.

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